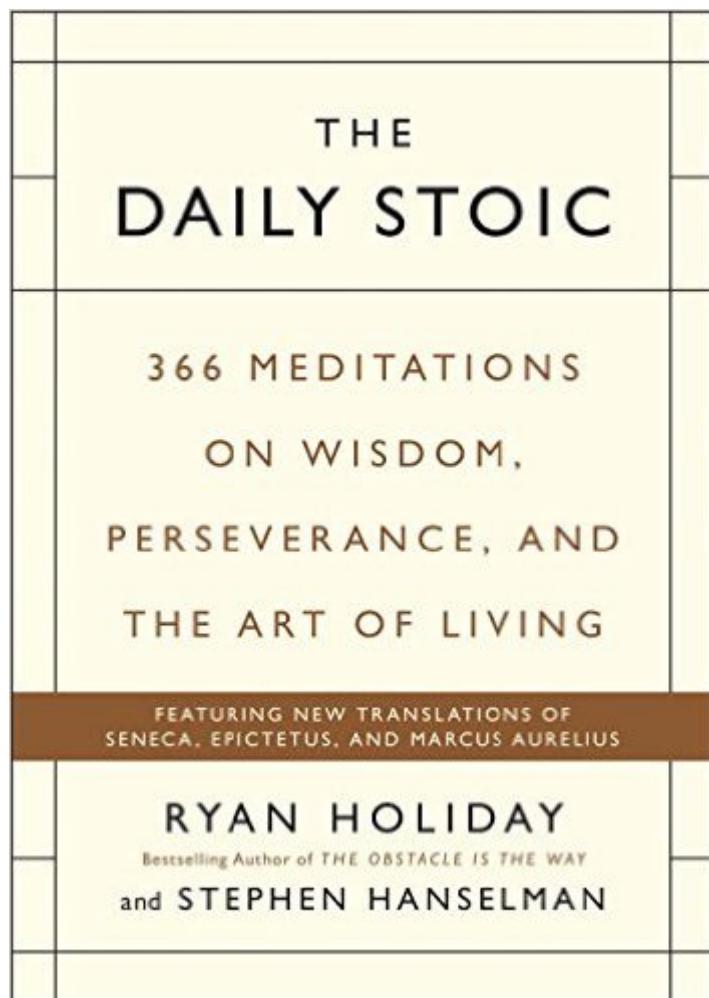


The book was found

# The Daily Stoic: 366 Meditations On Wisdom, Perseverance, And The Art Of Living



## Synopsis

From the team that brought you *The Obstacle is The Way* and *Ego is The Enemy*, a beautiful daily devotional of Stoic meditations. Why have history's greatest minds—“from George Washington to Frederick the Great to Ralph Waldo Emerson, along with today's top performers from Super Bowl-winning football coaches to CEOs and celebrities—“embraced the wisdom of the ancient Stoics? Because they realize that the most valuable wisdom is timeless and that philosophy is for living a better life, not a classroom exercise. *The Daily Stoic* offers a daily devotional of Stoic insights and exercises, featuring all-new translations from the Emperor Marcus Aurelius, the playwright Seneca, or slave-turned-philosopher Epictetus, as well as lesser-known luminaries like Zeno, Cleanthes, and Musonius Rufus. Every day of the year you'll find one of their pithy, powerful quotations, as well as historical anecdotes, provocative commentary, and a helpful glossary of Greek terms. By following these teachings over the course of a year (and, indeed, for years to come) you'll find the serenity, self-knowledge, and resilience you need to live well.Â

## Book Information

Hardcover: 416 pages

Publisher: Portfolio (October 18, 2016)

Language: English

ISBN-10: 0735211736

ISBN-13: 978-0735211735

Product Dimensions: 5.5 x 1 x 8.2 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Best Sellers Rank: #2,651 in Books (See Top 100 in Books) #5 in Books > Politics & Social Sciences > Philosophy > Greek & Roman #70 in Books > Business & Money > Business Culture > Motivation & Self-Improvement #75 in Books > Business & Money > Management & Leadership > Motivational

[Download to continue reading...](#)

The Daily Stoic: 366 Meditations on Wisdom, Perseverance, and the Art of Living More Language of Letting Go: 366 New Daily Meditations (Hazelden Meditation Series) The Daily Ukulele - Leap Year Edition: 366 More Songs for Better Living (Jumpin' Jim's Ukulele Songbooks) Near to the Heart of God: Meditations on 366 Best-Loved Hymns Amazing Grace: 366 Inspiring Hymn Stories for Daily Devotions Streams in the Desert: 366 Daily Devotional Readings Frugal Living: 55 Tips to Save Money! Enjoy Living on a Budget, Become Debt Free, and Have Complete Financial Independence

(Frugal Living Books, frugal living for dummies, frugal living made simple) A Guide to the Good Life: The Ancient Art of Stoic Joy Children's Book: The Carrot, the Egg and the Tea Bag: (Moral Story for Kids on Overcoming Anxiety and Adversity) (Books about Perseverance Book 2) Grit: The Power of Passion and Perseverance The Motivated Brain: Improving Student Attention, Engagement, and Perseverance The Justice Calling: Where Passion Meets Perseverance Letters from a Stoic (Penguin Classics) Letters from a Stoic (A Penguin Classics Hardcover) Letters from a Stoic Bruce Lee Striking Thoughts: Bruce Lee's Wisdom for Daily Living (Bruce Lee Library) Wisdom Distilled from the Daily: Living the Rule of St. Benedict Today Meditations on Intention and Being: Daily Reflections on the Path of Yoga, Mindfulness, and Compassion 366 Delicious Ways to Cook Rice, Beans, and Grains Sleeping Naked Is Green: How an Eco-Cynic Unplugged Her Fridge, Sold Her Car, and Found Love in 366 Days

[Dmca](#)